



higher education & training

Department:
Higher Education and Training
REPUBLIC OF SOUTH AFRICA

MARKING GUIDELINE

NATIONAL CERTIFICATE

SANITATION, SAFETY AND HOUSEKEEPING N4

10 June 2026

This marking guideline consists of 7 pages.

SECTION A

QUESTION 1

- 1.1 B✓✓
- 1.2 B✓✓
- 1.3 B✓✓
- 1.4 C✓✓
- 1.5 D✓✓
- 1.6 B✓✓
- 1.7 C✓✓
- 1.8 B✓✓
- 1.9 C✓✓
- 1.10 B✓✓

(10 × 2) [20]

QUESTION 2

- 2.1 True✓
- 2.2 False✓
- 2.3 True✓
- 2.4 False✓
- 2.5 True✓
- 2.6 True✓
- 2.7 False✓
- 2.8 False✓
- 2.9 True✓
- 2.10 True✓

(10 × 1) [10]

QUESTION 3

- 3.1 C✓
- 3.2 J✓
- 3.3 A✓
- 3.4 I✓
- 3.5 H✓
- 3.6 F✓
- 3.7 G✓
- 3.8 E✓
- 3.9 D✓
- 3.10 B✓

(10 × 1) [10]

QUESTION 4

- 4.1 Single bed – W91 cm × L188 cm
- 4.2 Three-quarter bed – W107 cm × L188 cm
- 4.3 Double bed – W137 cm × L188 cm
- 4.4 Queen-size bed – W183 cm × L188 cm
- 4.5 King-size bed – W152 cm × L188 cm

(5 × 2) [10]

TOTAL SECTION A: 50

SECTION B

QUESTION 5

- 5.1 cleanliness✓ cooking✓ chilling✓ (Any correct Answer) (1)
- 5.2 5.2.1
- Keep hair clean and free from dandruff.✓
 - If hair extends beyond the collar, it must be tied up.✓
 - Wear an appropriate hair net or chef's hat when working with food.✓
 - Wash hair regularly.✓
 - Don't use others' hair brushes.✓
- (Any 4 × 1)
- 5.2.2
- Do not damage tooth enamel by biting on hard objects.✓
 - Visit the dentist every six months.✓
 - Brush teeth twice a day.✓
 - Use an antiseptic mouthwash.✓
- (Any 4 × 1)
- 5.2.3
- Wash hands after every visit to the toilet.✓
 - Wash hands after coughing, sneezing or blowing nose.✓
 - Ensure that nails are short and clean.✓
 - Ladies should not wear artificial nails or nail polish on nails.✓
- (Any 4 × 1)
- 5.2.4
- Make sure you wear comfortable, closed, non-slip shoes.✓
 - Put on clean socks daily.✓
 - Use a foot powder.✓
 - Clip toenails and ensure that they are clean.✓
- (Any 4 × 1)
(4 × 4) (16)

- 5.3
- Droppings✓
 - Gnawed packaging✓
 - Nesting materials✓
 - Dead insects ✓
 - Unpleasant odours✓
- (3)
- 5.4 Rats,✓ mice,✓ cockroaches,✓ flies,✓ ants✓ (3)
- 5.5
- Wet hands under warm/cold running water✓
- Rub soap into a lather✓
- Lather the back of hands✓
- Lather between fingers✓
- Lather each thumb✓
- Rub finger tips and under nails for 20 seconds✓
- Rinse hands thoroughly under warm/cold clean running water✓
- Dry hands with a disposable hand towel /air dryer
- Apply sanitizer✓ (Any 7 suitable points) (7)
- 5.6
- 5.6.1 4°C to 6°C✓✓ (2)
- 5.6.2 10°C to 21°C✓✓ (2)
- 5.6.3 -18°C to -23°C✓✓ (2)
- 5.6.4 1°C to 4°C✓✓ (2)
- 5.7
- 5.7.1 B✓
- 5.7.2 A✓
- 5.7.3 C✓
- 5.7.4 D✓
- 5.7.5 E✓
- 5.7.6 F✓
- (6 × 2) (12)
- [50]**

QUESTION 6

- 6.1
- The process of removing dirt, dust, stains, germs and unwanted substances from surfaces✓ using physical action and cleaning agents✓
 - Removal of visible dirt using detergent and water✓
 - Process of removing food residue and soil from surfaces✓
 - Process of removing contaminants from surfaces or environments✓ using suitable cleaning agents, water and PPE.✓
- (Any 2 suitable answers) (2 × 1) (2)
- 6.2
- Good bactericidal activity✓✓
 - Low toxicity to human beings✓✓
 - Must not affect the colour, odour or flavour of food processed✓✓
 - Cheap, effective and convenient✓✓
 - Must be easy to dispense✓✓
 - Must not adversely affect the operator✓✓
- (Any 3 × 2) (6)
- 6.3
- Remove dirt, dust and debris✓✓
 - Enhance hygiene and health✓✓
 - Maintain aesthetic appeal✓✓
 - Preserve surfaces and equipment✓✓
 - Ensure safety✓✓
 - Comply with standards and regulations✓✓
 - Boost productivity and morale✓✓
 - Minimize environmental impact✓✓
 - Prepare surface for other tasks✓✓
 - Maintain professionalism✓✓
- (Any 5 × 2) (10)
- 6.4
- Direct contact, person-to-person✓✓
 - Indirect contact, fomite transmission✓✓
 - Airborne transmission✓✓
 - Droplet transmission✓✓
 - Vector transmission✓✓
 - Waterborne transmission✓✓
 - Foodborne transmission✓✓
 - Bloodborne transmission✓✓
 - Zoonotic transmission✓✓
 - Environmental transmission✓✓
- (Any 5 × 2) (10)
- 6.5
- In a clean, dry, well ventilated area with a FIFO system✓✓
 - Prevents mold, dust and contamination, ensuring linen quality✓✓
- (2 × 2) (4)

- 6.6
- Poor personal hygiene✓
 - Improper cleaning✓
 - Contaminated food✓
 - Careless food handling
 - Improper cooking and storage✓
 - Chemical contamination✓
 - Metal contamination✓
 - Poisonous plants✓
 - Poisonous animals✓
 - Allergens✓
 - Faecal contamination✓
- (Any 8 × 1) (8)
- 6.7 Food Spoilage refers to the process by which the quality, texture, taste, appearance or nutritional value of food deteriorates,✓ rendering it unfit for consumption.✓ (2)
- 6.8
- Concentration✓
 - Contact time✓
 - Surface cleanliness before application✓
 - Temperature of water used✓
- (4)
- 6.9
- Conserves natural resources✓
 - Saves energy✓
 - Reduces pollution✓
 - Reduces waste✓
- (4)
- [50]**

QUESTION 7

- 7.1
- Starving OR removing fuel✓
 - Smothering OR removing oxygen✓
 - Cooling OR removing heat✓
- (3)
- 7.2
- Unsafe working conditions – regular inspections to fix hazards✓✓
 - Human error – proper training can help prevent mistakes✓✓
 - Lack of training – educating employees on safety procedures reduces risks✓✓
 - Fatigue or stress – encourage breaks, manage workloads to reduce stress-related errors✓✓
 - Poor communication – clear instructions prevent misunderstandings that lead to accidents✓✓
- (5 × 2) (10)
- 7.3
- It sets legal standards for workplace safety, requiring employers to maintain safe working conditions and provide training.✓✓
 - Compliance with this law reduces workplace injuries and ensures accountability✓✓
- (4)
- 7.4
- 7.4.1 Drug dependence is a physical reliance✓ on a drug, where withdrawal symptoms occur when the drug is not used.✓✓ (3)
- 7.4.2 Drug abuse is the misuse✓ of a drug for non-medical reasons, leading to harmful consequences.✓✓ (3)
- 7.4.3 Drug addiction is a chronic, compulsive need for a drug,✓ despite negative effects on health and life.✓✓ (3)
- 7.5
- Urine testing✓
 - Blood testing✓
 - Saliva testing✓
- (3)
- 7.6
- Impairs judgement✓✓
 - Slows reaction time✓✓
 - Increases accident risk✓✓
 - Can lead to poor performance✓✓
 - Legal consequences✓✓
- (5 × 2) (10)
- 7.7
- 7.7.1 TB Testing✓✓ (2)
- 7.7.2 Random drug testing✓✓ (2)
- 7.7.3 HIV symptoms✓✓ (2)
- 7.7.4 Systems for recovering addicts✓✓ (2)
- 7.7.5 Hallucinogens✓✓ (2)
- 7.8 Nicotine✓ (1)
- [50]

TOTAL SECTION B:
GRAND TOTAL: