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LIFE ORIENTATION

SBA GRADE 9

TERM 1

LIFE ORIENTATION**GRADE 9**

NAME OF LEARNER: _____

Life Orientation	Grade 9	Form of assessment: Case study Assessment tools: Memorandum	70 Marks
Topic: Development of the self in society.	Term 1 Task 1. Act.2	Sub-topic: Sexual behaviour and sexual health	Due date:

CASE STUDY:**South Africa Concerned Over Rising Teen Pregnancy Rates**

Health experts were concerned over the growing teen pregnancy rates in South Africa. Sixteen-year-old Thandi is four months pregnant and among a jump in teenage pregnancies that are up 21 percent across South Africa. In recent years, also raising fears of increased HIV infections among sexually active youth.

“I found out that I was pregnant two months ago. I haven’t told anyone yet, only my boyfriend. He thinks I am joking,” Grade 9 learner Thandi said shyly.

She said she had unprotected sex with her boyfriend of eight months many times before her pregnancy because she trusted him. She had never tried oral contraceptives and only used condoms when she could find one.

“I am going to try my best to hide my pregnancy so that I can continue learning.

If I tell my parents, they are going to force me to leave school,” she said. She wants to avoid embarrassing her family, which like many in South Africa believes that becoming a mother marks an end to childhood, and therefore to education.

South Africa has the world’s largest HIV-positive population, with 5,7 million of its 48 million people infected with the virus. That creates an added threat that has prompted health officials to rethink AIDS and pregnancy prevention programmes targeted at the youth.

The concentration of poverty, unemployment and poor education can push girls to get into relationships with older men for financial reasons, adding to the pregnancy problem.

source: Source-AFP-adapted and shortened from article by VR Sreeraman on April 08, 2011
on <http://www.medindia.net/news/South-Africa-Concerned-Over-Rising-Teen-Pregnancy-Rates-83364-1.htm>)

Questions

Read the case study before you answer the questions. Look at the mark allocation for each question. It will guide you as to how much you should write. One mark is given for each statement the question requires unless indicated differently.

1. What are health experts worried about? Give a reason for your answer. (2)
2. What are the risk factors that led to Thandi's pregnancy? (4)
3. Why does Thandi want to hide her pregnancy from her family? (4)
4. What may be the reason why girls to enter relationships with older men? (3)
5. What has made health officials rethink AIDS and pregnancy prevention programmes that are targeted at the youth? (2)
6. Give the health officials advice. Suggest 2 things they can include in pregnancy prevention programmes that were targeted at the youth. (4)
7. Explain to Thandi what five unwanted results of unhealthy sexual behaviour are. Give an example of each unwanted result. (10)
8. Copy the table below into your book. Leave enough space to write four facts into each block.

Below the table is a list of 20 words and phrases. Read these words and phrases and write them in the correct places in the table. Take note of the mark allocation for each block.

a. Risk factors leading to unhealthy sexual behaviour (4)	d. Factors that influence personal behaviour (4)
b. Unwanted results of unhealthy sexual behaviour (4)	e. Strategies to deal with sexual behaviour (2)
c. Where to find help and support (protective factors) (4)	f. Adverse consequence and implications of teenage pregnancy (2)

- Emotional and financial implications
 - AIDS
 - Friends
 - Teenage pregnancy
 - The local clinic
 - Drugs
 - I will do anything to be popular
 - Someone I trust at school
 - HIV
 - Somebody who I trust from my church
 - Change your behaviour
 - Alcohol abuse
 - Trusting family member
 - Abstinence
 - A responsible friend
 - Sexually transmitted infections (STI)
 - Peers
 - It will stop my education process
 - A desire to buy and own expensive things
 - A family member who has a negative influence on me
- (20)

9. Critically evaluate the negative effects of teenage pregnancy for teenage parents and their children
 - teenage mother (4)
 - teenage father (3)
 - children (3).

Give examples to substantiate your answers.

(10)

10. Give Thandi advice. Where can she get help and support?

(5)

TOTAL 70 MARKS



LIFE ORIENTATION MEMO/RUBRICS GRADE9 TERM 1

MEMORANDUM

1. What are health experts worried about? Give a reason for your answer. (2)

Growing teen pregnancy rates in South Africa and the increase in teenage pregnancies that are up 21% across South Africa✓, and fears of increased HIV infections among sexually active youth✓. (2)

2. What are the risk factors that led to Thandi's pregnancy? (4)

She has unprotected sex with her boyfriend.✓

She trusted her boyfriend.✓

She had never tried oral contraceptives.✓

She only used a condom when she could find one.✓ (4)

3. Why does Thandi want to hide her pregnancy from her family?(4)

She wants to continue attending school.✓

They will force her to withdraw from school✓

She wants to avoid embarrassing her family.✓

Her family believe that becoming a mother means an end to childhood, and thus an end to school.✓ (4)

4. What may be the reason why girls to enter relationships with older men? (3)

Poverty✓

Unemployment✓

Poor education✓ (3)

5. What has made health officials rethink AIDS and pregnancy prevention programmes that are targeted at the youth? (2)

The treat of HIV✓ and AIDS. South Africa has the world's largest HIV-positive population, with 5, 7 million of its 48 million people infected with the virus.✓ (2)

6. Give the health officials advice. Suggest what they can include in pregnancy prevention programmes that were targeted at the youth . (10)

- Life skills workshops✓
- DVDs to show the dangers of teenage pregnancy✓
- role plays so learners can practise decision-making skills✓
- youth centres for recreation so teenagers have others things to do✓
- volunteer work at orphanages where unwanted babies have been dumped✓
- guest speaker who made mistakes and can warn learners✓
- give more time to Life Orientation so learners can get more knowledge and avoid risky behaviour✓
- group visits to the clinic to hear what they have to say✓
- learners working out the costs of having a baby and comparing that with the child grant✓
- information about contraceptives as well as on the advantages of abstinence. ✓
- Ten ideas, any other ideas that are useful, applicable and practical. ✓ (10)

7. Explain to Thandi what five unwanted results of unhealthy sexual behaviour are(5). Give an example of each unwanted result (5). = (10)

- Teenage pregnancy√: becoming pregnant while you are still at school / unplanned pregnancy while you are still at school√
- STI√: hepatitis√
- HIV and AIDS √ : virus is passed on during sexual intercourse if condom is not used or not used properly√
- Low self-image√: stigma associated with pregnant teenager or teenage mothers; gossip, negative comments from others√
- Emotional scars√: father of the baby may leave teenager to look after baby all by herself, she may be chased away from home, be socially isolated and feel depressed and alone for many years√ (10)

8. Copy the table below into your book. Leave enough space to write four facts into each block.

Below the table is a list of 20 words and phrases. Read these words and phrases and write them in the correct places in the table. Take note of the mark allocation for each block.

a. Risk factors leading to unhealthy sexual behaviour (4) • A desire to buy and own expensive things • Alcohol abuse • Drugs • I will do anything to be popular	d. Factors that influence personal behaviour (4) • Peers • A family member who has a negative influence on me • Friends • Community
b. Unwanted results of unhealthy sexual behaviour (4) • Teenage pregnancy • AIDS • HIV • Sexually transmitted infections (STI)	e. Strategies to deal with sexual behaviour (2) • Abstinence • Change your behaviour
c. Where to find help and support (protective factors) (4) • Trusting a family member • The local clinic • Someone I trust at school	f. Adverse consequence and implications of teenage pregnancy (2) • Emotional and financial implications • It will stop my education process

[20]

9. Critically evaluate the negative effects of teenage pregnancy for teenage parents and their children. Give examples to substantiate your answers. (10)

Teenage mothers: Negative consequences (4)

- Social: often become victims of stigma and discrimination, loose friends, less likely to get married
- Sometimes need to leave school: upset because they have to give up their dreams
- Teenage motherhood will exacerbate poverty in the family
- Feel unsure; do not have enough knowledge about their finances to raise their babies
- Higher risk of death during labour
- Often do not go for medical check- ups during pregnancies and afterwards: complications/problems can occur
- Premature babies often a result of no medical check –ups
- Some attempts of abortion occurs with medical problems afterwards, even death
- Fertility problems: some teenage girls may not be able to fall pregnant later in life. Etc.

Teenage fathers: Negative consequences(3)

- Sometimes forced to leave school to provide for new baby
- Shock, shame , embarrassment, disappointment and frustration when confronted with the pregnancy
- Battle to get work and to supply for their baby and the mother.
- Warned their friends and peers and younger brothers not to get into the same trouble.
- Warned them against the use of alcohol and sex.

Children: Negative consequences (3)

- Sometimes babies are underweight and has health problems
- Sometimes do not do well in school: poorer cognitive development
- Behaviour problem children
- Less supportive and stimulating home environment because the mother herself is still a child
- Abuse and neglect: by their teenage mother/father because the parents are not mature and responsible enough and still want to go out with their friends and dump the babies on their family members

[10]**10. Give Thandi advice. Where can she get help and support?**

- | | |
|------------------------|--|
| • Lovelife | Childline |
| • Marie Stopes Clinics | Parents (Family): own and the father of the baby |
| • Local Clinic | School etc. |

[5]**Total marks (70)**