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Jeppe High School for Boys



Grade: 9 Examination: Life Orientation

Date: 28th September

Duration: 1½ Hours

Total Marks: 70

Examiner: G. Koopman

QC Moderator: B. Riskowitz and R. Riskowitz

Number of Pages: 7

Instructions:

- Complete the front cover of your answer booklet.
- Answer all of the questions in the answer booklet provided.
- Number in the middle of the page.
- Rule off after each section.
- The following are not allowed in the examination room: school bags, cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

Only the official examination material distributed by the invigilator is allowed.

SECTION A (COMPULSORY)

Answer ALL of the questions in this section.

QUESTION 1

- 1.1 Various options are provided as possible answers to the following questions. Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOKLET, e.g. 1.1.6 D.

1.1.1 Which of the following best describes accountability:

- A. holding others responsible for their actions while exempting oneself
- B. avoiding consequences by blaming others or making excuses
- C. taking ownership and responsibility for one's actions and decisions
- D. ignoring the impact and consequences of one's action.

1.1.2 Which of the following factors should be considered when making a career choice:

- A. current employment trends and demands
- B. personal interests and passion
- C. peer pressure and societal norms
- D. parental expectations and desires.

1.1.3 Which of the following is NOT an effective time management strategy:

- A. setting specific goals and prioritising tasks
- B. creating a to-do list or using a task management tool
- C. procrastinating and leaving tasks until the last minute
- D. limiting distraction and focusing on one task at a time.

1.1.4 Which of the following can influence human behaviour:

- A. genetics and biological factors
- B. cultural and social norms
- C. environmental and situational factors
- D. all of the above.

1.1.5 Which of the following subjects is NOT typically offered as part of the NSC curriculum in South Africa.

- A. Mathematics
- B. English
- C. Biology
- D. Physical Education.

(5X1) (5)

- 1.2. Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.

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- 1.2.1 Is the knowledge and behaviours that lead you to be successful in a job. (1)
- 1.2.2 All people are entitled to these. No one can voluntarily give these up. (1)
- 1.2.3 A general direction in which something is developing or changing. (1)
- 1.2.4 The position of a student or trainee who works in an organisation, sometimes without pay, in order to gain work experience or requirements for a qualification. (1)
- 1.2.5 An unfair or untrue belief that people have about others, with a particular characteristic. (1)

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

Answer ALL of the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the text below and answer the questions that follow:

Source: Unknown. 2022. Available from: <https://childmind.org/article/is-social-media-use-causing-depression/>

Does Social Media Use Cause Depression?

How heavy Instagram and Facebook use may be affecting kids negatively? Is using social media making us happy? Evidence is mounting that there is a link between social media and depression. In several studies, teenage and young adult users who spend the most time on Instagram, Facebook and other platforms were shown to have a substantially (from 13 to 66 percent) higher rate of reported depression than those who spent the least time.

Does that mean that Instagram and Facebook are causing depression?

- | | | |
|------|--|-----------|
| 2.1 | Give the definition the term “ <i>depression</i> ”. | (1X2) (2) |
| 2.2. | Provide TWO physical symptoms of depression. | (2X1) (2) |
| 2.3. | Explain one reason how constant comparisons impact a teenager’s mental health. | (1X2) (2) |
| 2.4. | Discuss TWO positives of the use of social media. | (2X2) (4) |
| 2.5. | Assess how the excessive use of social media may lead to broken relationships. | (2X2) (4) |
| 2.6 | Recommend TWO strategies that can help teenagers overcome depression related to social media. In your answer, also indicate how these strategies could help prevent depression in general. | (2X3) (6) |

[20]

TOTAL SECTION B: 20

SECTION C

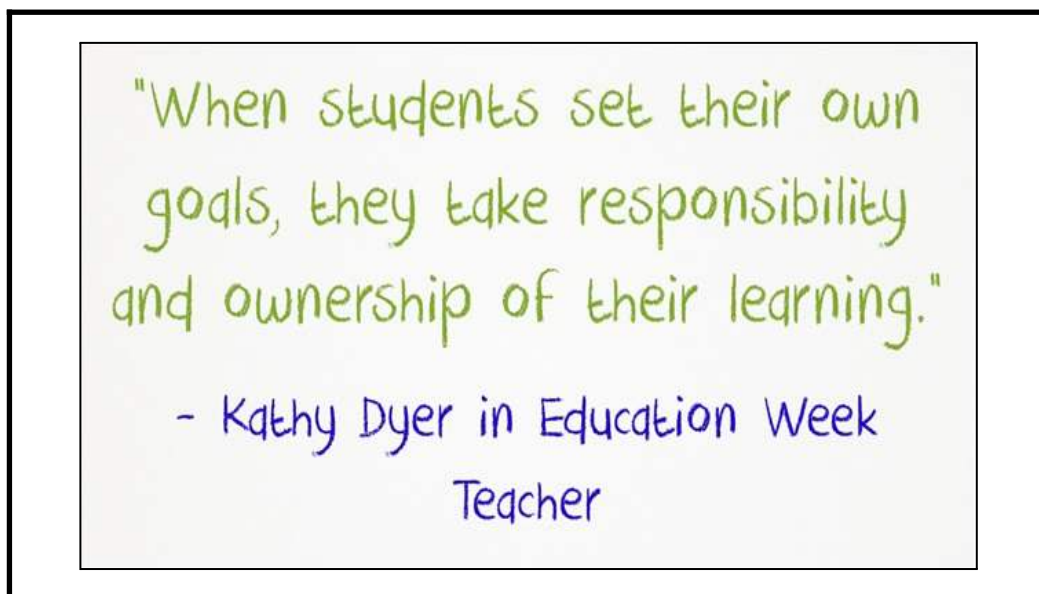
Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

Study the image below and answer the questions that follow:

QUESTION 3

Study the image below and answer the questions that follow:



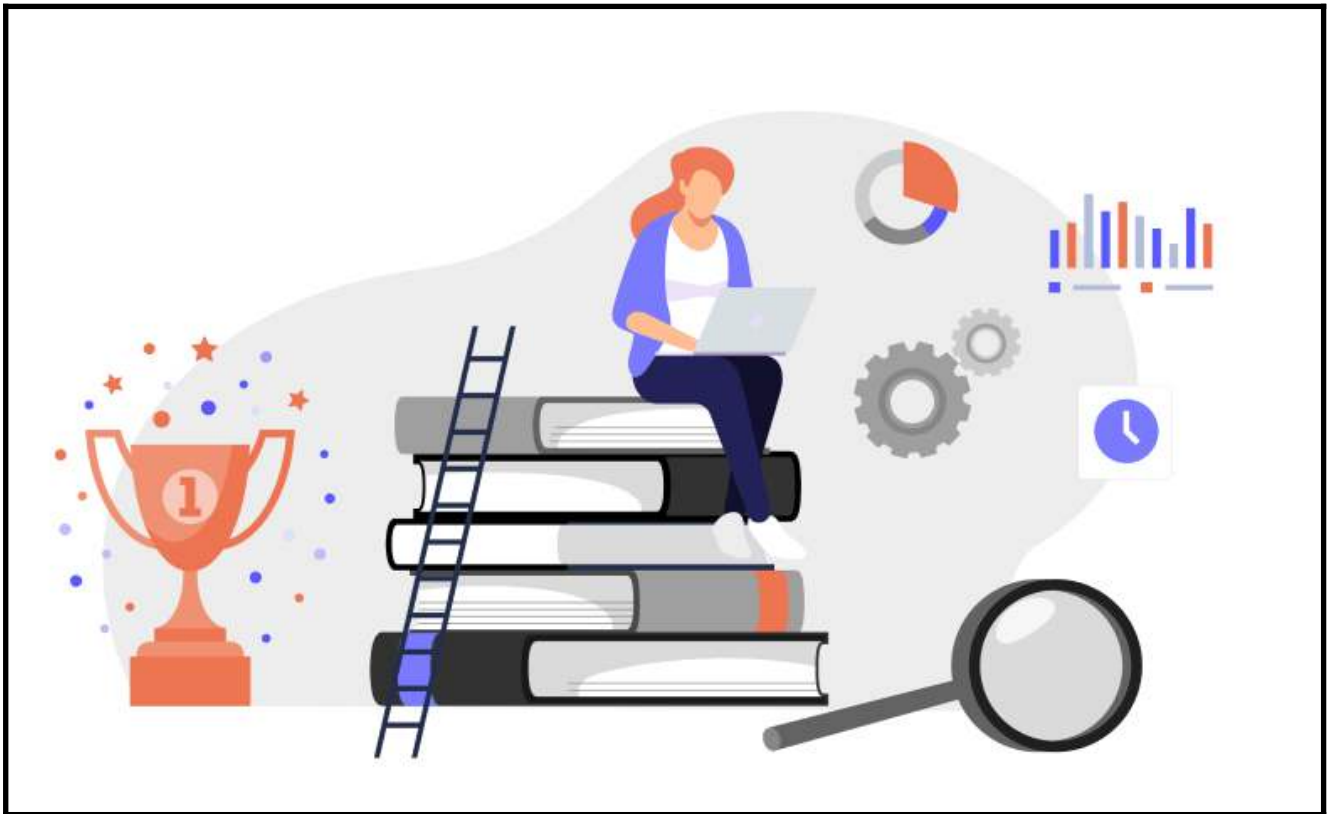
Construct paragraphs on Careers and Subject Choices.

Use the following as a guideline:

- State FOUR benefits of goal setting for a Grade 9 learner. (4X1) (4)
- Analyse how setting realistic goals can help you avoid feeling overwhelmed. (2X4) (8)
- Discuss how goal setting can contribute to building self-confidence and self-esteem. (2X8) (8)

Question 4

Study the slide below and answer the question that follows:



Construct paragraphs on Lifelong Learning.

Use the following as a guideline:

- State FOUR ways in which lifelong learning can benefit you in the future. (4X1) (4)
- Analyse strategies you can adopt to make lifelong learning a consistent part of you life. (2X4) (8)
- Critically discuss how content in Life Orientation can positively contribute to lifelong learning. (2X4) (8)

Question 5

Study the image and text below and answer the questions that follow:



Construct paragraphs on Diversity in Jobs.

Use the following as a guideline:

- State FOUR characteristics of a good employee. (4X1) (4)
- Critically discuss why you would encourage diversity within a workforce. (2X4) (8)
- Critically discuss how the South African government has ensured diversity in the workplace. (2X4) (8)

TOTAL SECTION C: 40
GRAND TOTAL: 70