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Province of the
EASTERN CAPE
DEPARTMENT OF EDUCATION

GRADE 9

LIFE ORIENTATION

TERM 1

FEBRUARY

MARKS: 70 MARKS

ACTIVITY 1

Life Orientation	Grade 9	Form of assessment: Case study Assessment tools: Memorandum Marks	30
Topic: Development of the self in society.	Term 1 Task 1. Act.2	Sub-topic: Sexual behaviour and sexual health	Due date:

CASE STUDY:

Teen Pregnancy

Teen pregnancy is a pregnancy in a young not fully grown women who is below the age of twenty years. Teen pregnancy should be highly discouraged, because as a teen you aren't fully matured, and your body will still be growing, and it puts you and the baby inside you at risk. As a teen mother you may face complications such as premature labour, medical complication during the pregnancy period, at childbirth or after childbirth and are likely to drop out of school, and if you drop out of school you will not have all the education you will need for the future to get a good paying job to support yourself and they baby.

Teen pregnancy is highly influenced with; drug and alcohol usage among the teens, lack of good education and parental guidance, high age difference for those in relationships, sexual abuse, dating violence, the environment the teen was brought up in, and traditions that result into early marriages. Firstly, drug and alcohol usage among the teens which is mostly as a result of peer influence from other teenagers or adults. Alcohol and drugs influence teenagers to indulge in unplanned sexual activities and other risky doings including unprotected sex and this eventually results in teenage pregnancies. Increased drug and alcohol usage among the teens has resulted in a major increase in the rate of teen pregnancy. The rate of pregnancy among teens who use drugs and alcohol is higher than the who don't use drugs or alcohol.

Questions

Read the case study before you answer the questions. Look at the mark allocation for each question. It will guide you as to how much you should write. One mark is given for each statement the question requires unless indicated differently.

- How old must be a person be to be considered a teenager?
(1)
- Mention 2 ways in which teenage pregnancy can be prevented.
(2)
- Why do many teenagers give birth to pre-mature babies?
(2)
- How does teenage pregnancy affect the girl academically?
(1)
- What are the consequences of not getting good education because of teenage pregnancy?
(2)
- How does drug and alcohol use or abuse affect teenage pregnancy?
(2)

7. What may be at least 3 reasons why girls to enter relationships with older men
(3)
8. Give the health officials advice on what to include in pregnancy prevention programmes that were targeted at the youth.
(5)
9. Explain five unwanted results of unhealthy sexual behaviour are.
Give an example of each unwanted result.
(10)

TOTAL MARKS= 30

ACTIVITY 2

Life Orientation	Grade 9	Form of assessment: Design and make: collage Assessment tools: Rubrics 20 Marks	
Topic: Development of the self in society.	Term 1.	Goal setting & decision-making skills: Personal lifestyle choice	Due date:

Goal-setting skills: Personal lifestyle choices

My goals/dreams for the future : Collage (20)



Design a **collage** representing your **goals/dreams for the future**. Goals are like a map that shows you where you want to go with your life. (Set goals in all areas of your life like school, personal life, for your health, career, financial and spiritual life).

Cut out and paste **pictures and words** from magazines on an A3 page (double A4) that describe or represent these mentioned aspects.

Your personal **qualities and traits** are developed in childhood and through life experiences.

Your collage **must be organised according to** headings and must not be a random pasting of pictures!!!

The following must be included in your collage:

Your own **personal qualities/characteristics/traits**.

Strengths (positive aspects that can be very efficiently used to bring you the competitive advantage that you need: your education, networking successes, any work experience, and specific skills such as communication, leadership and teamwork.)

Weaknesses (negative aspects of the internal environment: negative personal traits, lack of goals, poor grades etc.)

A **personal mission**. (A strongly felt aim or calling)

(Key words and descriptions.)

Your collage must be colourful, neat, informative, well-organised and **handed in on time**.

(20 marks)

ACTIVITY 3

Life Orientation	Grade 9	Form of assessment: Written assignment Assessment tool: Rubric Marks	20
Topic: Development of the self in society.	Term 1. Task 1. Act.3	Sub-topic: Lifestyle choices and Time-management skills.	Due date: 04 March

Lifestyle choices

Well done, you have reached grade 9! You can now start setting goals for the future. The goals that you could set include finding the work you want to do; the career you want to follow, deciding on future studies, and so on. If you are going to reach these goals, you will need to make many important lifestyle choices.

Your lifestyle consists of your behaviour and habits. It reflects what you value, how you see the world around you and your attitude to life. (**Lifestyle choices.**) The way you choose to live your life affects you physically and emotionally.

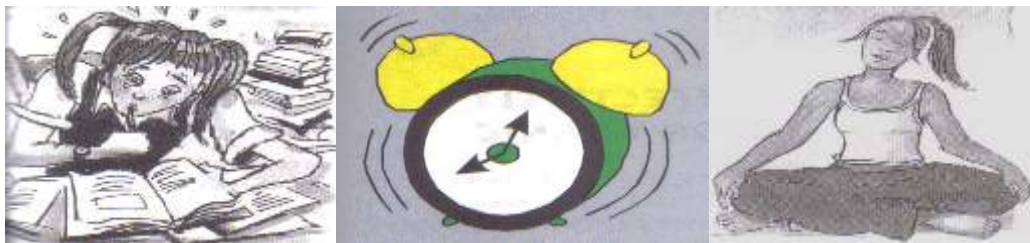
As a teenager, you will face many choices. The choices you make will affect your future decisions and actions. There are consequences for all the choices you make. Please take your life seriously at all times and commit yourself to a positive balanced and healthy lifestyle.

Task 1. Act. 3.1. Lifestyle choices. (20)

Write a detailed assignment on lifestyle choices by highlighting positive lifestyle choices.

Write a short essay in which you describe the factors that influence your lifestyle choices. (1 page)
(media, friends & peers, environment, family, culture, religion, community)

3.1.3. Identify which single factor has the strongest influence on you.



Include **applicable pictures/drawings** that will support your topic. Your activity must be colorful, neat, informative, well-organized and **handed in on time.**

TOTAL MARKS= 70

