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PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
EDUCATION

VHEMBE EAST DISTRICT

COMMON ASSESSMENT TASK

GRADE 9

LIFE ORIENTATION
MARCH 2022

MARKS: 70
TIME: 60 MINUTES

This Question paper consists of 4 pages including the cover page.

INSTRUCTIONS:

1. Read the questions carefully before you answer.
2. Number your questions correctly.
3. Write neatly and clearly
4. N.B Choose only two questions in SECTION C.

SECTION A**QUESTION 1**

Choose the correct answer and write only the number of the question and the letter of the correct answer.

1.1 Setting goals:

- A. Is a bad idea because if you do not achieve them you will feel bad.
- B. Is a good idea because it will help to direct and focus your efforts.
- C. Should always be done at the beginning of the year and not just adjusted.
- D. Is done to make your parents and teachers happy

1.2 The following influences every person in their upbringing:

- A. Community.
- B. Media.
- C. Culture.
- D. All of the above

1.3 A characteristics of a poor organiser is to :

- A. Use a diary
- B. Check his/her diary
- C. Avoid recording anything
- D. A and B

1.4 The latest date by which things must be done or completed

- A. Accountability.
- B. Deadline.
- C. Interim.
- D. Routine.

1.5 Which of these is NOT a good guideline for working in the best possible manner?

- A. Prioritizing your work.
- B. Setting aside time for relaxing.
- C. Having study time table.
- D. Doing project throughout the night before submission date.

(5)

QUESTION 2- True or False

Indicate whether the following statements are TRUE or FALSE.

Give a reason if the statement is false.

2.1 People who have other STIs are at higher risk of contracting HIV.

2.2 It is possible for a girl to fall pregnant the very first time she has sex.

2.3 A girl cannot fall pregnant if she has not had her first period yet.

- 2.4 Having a shower after sexual intercourse protects you from contracting HIV and other STIs.
 2.5 The contraceptive pill is the only contraceptive that decreases the risk of falling pregnant and the risk of contracting an STI or HIV.
 2.6 Family is one of the primary influences on our values and personal lifestyle choices.
 2.7 HIV/Aids can be contracted through having sex only.

(10)

QUESTION 3

Match the words or statements in column A with the sentences or statement in column B

	COLUMN A	COLUMN B
3.1	Test or analyse the outcome	A. ARVs
3.2	Drugs that are used to treat people who are infected with HIV	B. Brainstorm
3.3	Postpone doing something	C. Evaluate
3.4	Think of as many ideas as possible without judging whether they will work or not.	D. Procrastinate

(4)

QUESTION 4

Define the following concepts.

- 4.1 Abstinence
 4.2 Risk factors
 4.3 Assertiveness

(6)

SECTION B**QUESTION 5**

- 5.1 Different factors influence our personal lifestyle choices. Write any five of these factors and write one sentence about each factor. (10)
 5.2. Give three types of goals that you can set for yourself and give examples each. (6)

QUESTION 6

- 6.1 What are the purposes for reading? Indicate five. (5)
 6.2 Mention four place where you can get reading materials. (4)

SECTION C

Answer **only two** questions in this section.

QUESTION 7

“Unsafe or unhealthy sex can have unwelcome results. Teenagers run the risk of contracting sexually transmitted infections that negatively affect their health, as well as unwanted pregnancy”

- 7.1 Explain why a teenager may choose to take part in unhealthy sexual behaviour. (4)

7.2 Name ANY FOUR unwanted results of unhealthy sexual behaviour. (4)

7.3 Define what a sexually transmitted infection (STI) is. (2)

QUESTION 8

8.1 Write an article for a teenage magazine listing your “Top 10 reasons for Teenage Abstinence.”

In your article you will need to explain ten good reasons that teenagers should abstain from sexual activity. Think very carefully about all the potential consequences of having sex as a teenager and provide realistic, relevant information and reasons. (10)

QUESTION 9

Making a good decision is important life skill. You can make the best of every problem and situation by choosing the best of action.

9.1 Your friend is having a problem with regard to taking a decision about his relationship with the parents. Advise him/her about six decision-making steps. (10)

TOTAL MARKS 70