



eduresourcza.com

MEMORANDUM

Grade: 8

Examination: Life Orientation

Date: 23rd November 2021

QUESTION 1

1.1.1 Which of the following would be an ideal way for a visual learner to learn?

- A. Drawing charts and diagrams.
- B. Singing rhymes and chants.
- C. Doing and enjoying touching.
- D. Reading their class notes.**

1.1.2 What is meant by the term 'refusal'?

- A. Saying yes.
- B. Saying no.**
- C. Not saying no.
- D. Not making a choice.

1.1.3 Substance abuse refers to:

- A. Continued use of tobacco or alcohol and illegal drugs.
- B. Continued use of legal substances that make you feel good.
- C. Being dependant on something or someone that abuses you.
- D. Being dependant on a substance that makes you feel good.**

1.1.4 Appropriate behaviour to stop and avoid substance abuse:

- A. Take up hobbies and sport to find friends that are users.
- B. Take only once a week to make you feel good about yourself.
- C. Do volunteer work, it makes you feel good about yourself.**
- D. Play sports where substances are available to you.

1.1.5 Rehabilitation options include:

- A. Hospitals, non-governmental organisations and counselling.
- B. Non-governmental organisations, counselling and after care.
- C. Hospitals, counselling and places of substance abuse.
- D. Non-governmental organisations, counselling and the national drug line.**

(5X1) (5)

1.2.1 The idea one has of one's abilities, appearance, and personality.

(1)

Self-image / Self-concept

- 1.2.2 A ceremony or event marking an important stage in someone's life, especially birth, the transition from childhood to adulthood, marriage, and death. (1)

Rite of passage

- 1.2.3 A mark of disgrace associated with a particular circumstance, quality, or person. (1)

Stigma

- 1.2.4 The collection and storage of rain, rather than allowing it to run off. (1)

Rain harvesting

- 1.2.5 A formal written request, typically one signed by many people, appealing to authority in respect of a particular cause. (1)

Petition**TOTAL SECTION A: 10****SECTION B (COMPULSORY)****QUESTION 2**

- 2.1 Give the definition of the term HIV/AIDS. (1X2) (2)

Any ONE of the below or any relevant answer for TWO marks

- **AIDS (acquired immune deficiency syndrome) is the name used to describe a number of potentially life-threatening infections and illnesses that happen when your immune system has been severely damaged by the HIV virus.**
- **While AIDS cannot be transmitted from 1 person to another, the HIV virus can.**

- 2.2 Identify TWO ways that Petunia may have become infected with HIV. (2X1) (2)

Any TWO of the below or any relevant answer for ONE mark each.

- **Having unsafe sex ✓**
- **Through sharing injecting equipment when doing drugs ✓**

- 2.3 Explain ONE of the ways that stigmatisation impacted the woman in the extract emotionally. (1X2) (2)

**Any ONE of the below or any relevant answer for TWO marks
(i.e. ONE mark for statement and ONE mark for qualifier / explanation)**

· She felt humiliated and afraid ✓ and because of this did not take her medication ✓
She felt judged ✓ which probably made her feel guilt-ridden and depressed

2.4 Differentiate between HIV and AIDS. (2X2) (4)

HIV: refers to the viral infection which weakens the immune system ✓

AIDS: is known as the final stage of HIV infection where the immune system is too weak to fight off other infections ✓

2.5 Assess TWO ways that the woman can manage and fight her illness to help her stay healthy for longer. (2X2) (4)

**Any TWO of the below or any relevant answer for TWO marks each
(i.e. ONE mark for statement and ONE mark for qualifier / explanation)**

- Petunia could start taking her ARVs daily ✓ in order to delay the onset of AIDS and keep her immune system strong ✓
- Petunia could start eating healthily ✓ and live a balanced and healthy lifestyle in order to keep her immune system strong ✓

Petunia could ask for support from people who care about her ✓ so that she could feel positive about her life and deal with her status emotionally ✓

2.6 Recommend TWO ways that Grade Eight learners can demonstrate care for someone living with HIV/AIDS? In your answer, also indicate how this will allow these learners living with HIV/AIDS make better decisions in managing their illness. (2X3) (6)

**Any TWO of the below or any relevant answer for THREE marks each
(i.e. ONE mark for statement and ONE mark for qualifier / explanation)**

- Share with them that you do not judge them or look down on them for having HIV ✓ as stigma can really have a negative impact on medication compliance and emotional state ✓
- Do not use language that will make them feel judged ✓ as this will make them feel even worse about their condition ✓
- Encourage them to take their ARVs even if they experience side effects ✓ as medication non-compliance can be common in people who are HIV positive ✓
- Educate them and encourage them to lead a healthy lifestyle ✓ so that their immune systems will remain strong to fight off infections ✓

- **Assist them in finding or accessing support networks ✓ in order to get expert help and support from people who know how to help ✓**
- **Do daily chores for them ✓ so that they will be able to rest more frequently. ✓**

[20]**TOTAL SECTION B: 20****SECTION C**

Answer any TWO questions in this section.

QUESTION 3

Construct an essay on COVID-19 and Gender-Based Violence.

Use the following as a guideline:

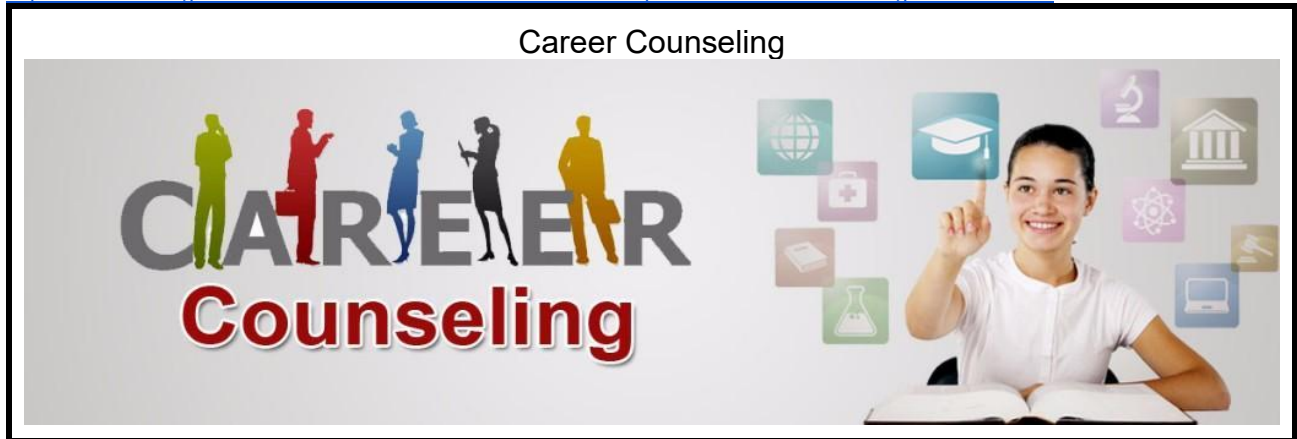
- State FOUR ways that victims of gender based violence experiences are harmed. (4X1) (4)

 - Analyse why South Africa still struggles with issues of gender-based violence despite having human rights that oppose the problem. (2X4) (8)
 - Critically discuss the importance of men and boys standing up against gender-based violence. (2X4) (8)
- [20]**

QUESTION 4

Study the image below and answer the question that follows:

Source: Career Guide. 2021. "5 Misconceptions Of Career Counselling To Be Aware Of". Available from:
<https://www.careerguide.com/career/career-counsellors/5-misconceptions-of-career-counselling-to-be-aware-of>



Construct an essay on Careers and Subject Choices.

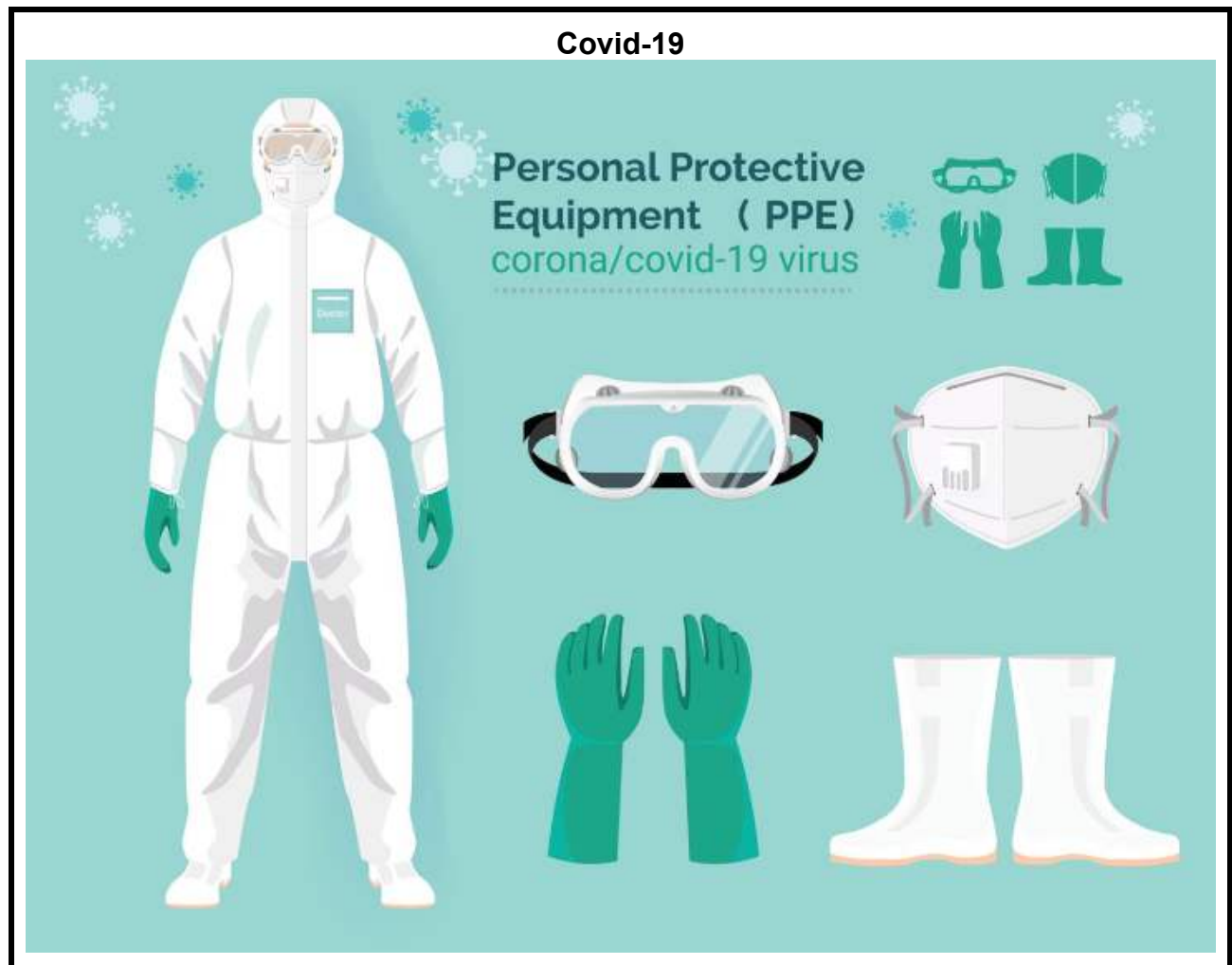
Use the following as a guideline:

- State FOUR personal aspects that you should consider when deciding on a career. (4X1) (4)
 - Analyse how the relationship between the knowledge of various school subjects and potential careers works. (2X4) (8)
 - Critically discuss the importance of Grade 9s making the best possible subject choices going into Grade 10. (2X4) (8)
- [20]**

QUESTION 5

Study the image below and answer the question that follows:

Source: Unknown. 2020. "Survey: Nurses fear going to work due to lack of protection from virus". Available from:
<https://www.myamericannurse.com/survey-nurses-fear-going-to-work-due-to-lack-of-protection-from-virus/>



Construct an essay on Dealing with Covid-19.

Use the following as a guideline:

- State FOUR ways to protect yourself against Covid-19. (4X1) (4)
 - Analyse how you can support someone who has lost someone from Covid-19. (2X4) (8)
 - Critically discuss the importance of making informed decisions about your safety during the COVID-19 pandemic. (2X4) (8)
- [20]**

TOTAL SECTION C: 40
GRAND TOTAL: 70