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EXEMPLAR CONTROLLED TEST

GRADE 8

LIFE ORIENTATION

JUNE 2022

MARKS: 70

TIME: 1 hour

This question paper consists of 8 pages.



Instruction to the learner

1. Read ALL the instructions of every question carefully.
2. Number your answers according to the number system used in the question paper.
3. This question paper consists of THREE sections, SECTION A, B and C. Sections A and B are compulsory. In Section C, you must answer ONLY TWO questions
4. The test duration is 1 hour.
5. Write neatly and legibly.

SECTION A**QUESTION 1**

Multiple choice questions.

Choose the most correct answer to each of the following questions. Write down only the letter (A-D) of your answer next to the question number (1.1 – 1.6). E.g.: 1.6 B

1.1 One of these skills will not be useful over your course of study.

- A Creative thinker.
- B Team workers.
- C Dependent enquires.
- D Effective participators. (1)

1.2 The following is normal on a first date:

- A To say I love you.
- B To expect sex.
- C To only talk about yourself.
- D You get to know each other in a relaxed conversation. (1)

1.3 A good relationship does not need the following:

- A To share your feelings with each other.
- B The relationship has ups and downs.
- C Your friend's faults are more than his or her good points.
- D Your friend has lasting qualities like kindness and honesty. (1)

1.4 Artistic career category:

- A Draw mind maps.
- B Do calculation.
- C Sing and dance.
- D Make lots of lists. (1)

1.5 Enterprising career category:

A Plan and start new projects.

B Put on a play.

C Solve maths problems.

D Fix car engines. (1)

[5]**QUESTION 2**

Define the following terms/concepts:

2.1 Interests (1)

2.2 Abilities (1)

2.3 Culture (1)

2.4 Moral (1)

2.5 Potential (1)

[5]**QUESTION 3**

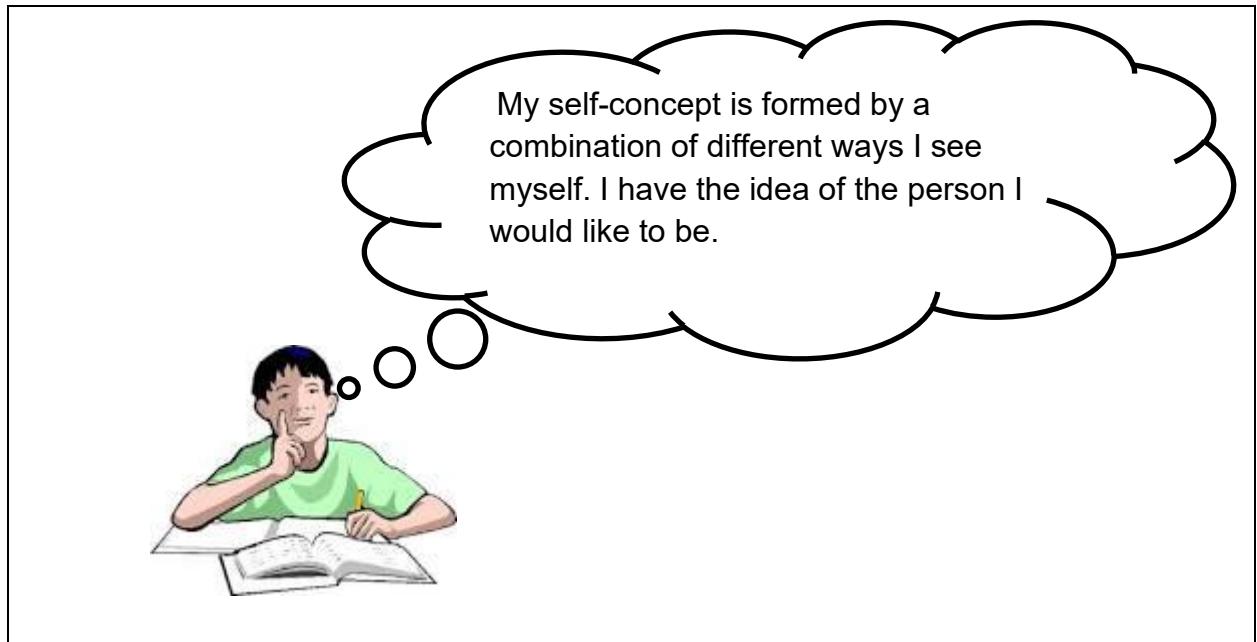
Match the concepts/items in Column A with the explanations in Column B. Write the number of the question and symbols/letters of the correct answer ONLY.

COLUMN A	COLUMN B
3.1 Friends and peers	A Shows images of the ideal person.
3.2 Parents and guardians	B Gives us an identity shared by others.
3.3 Culture and religion	C The self-awareness they teach us lead to self-concept formation.
3.4 Environment	D We try to be like them to fit in.
3.5 Media	E Our self-concept is boosted when we get good marks.

(1x5) (5)

QUESTION 4

Read the bubbles below and then answer the questions that follow.



- 4.1 Briefly analyze the term: Self-concept formation (2)
- 4.2 Briefly distinguish how media, family and peers can influence your self-concept formation. (6)
- 4.3 Considering your individuality and uniqueness, in one sentence, indicate how you will keep yourself motivated with positive self-talk. (2)
- [10]**

SECTION B**QUESTION 5**

Read the following statements and choose the correct term for each statement.

Potential, talents, aural learning style, goal, learning style, skills, visual learning style, uniqueness

5.1 The way a person prefers to take in, organise, store, and use information.

5.2 Qualities and abilities that may be developed and lead to success.

5.3 Remembering information best when using your ears.

5.4 Abilities to learn through experience and training.

5.5 A result that you want to achieve. (5 x 1) (5)

QUESTION 6

Fill in the missing words by using words in the box.

Conflict, support, Ideal problem solving, sarcastic, rational, important, empathy, harmful.

6.1 _____ disagreement or argument which may include verbal, physical or emotional abuse.

6.2 _____ each other when faced with challenges.

6.3 One of the approaches to problem solving is a five-step method called _____.

6.4 Relationships can be improved by developing _____

6.5 _____ is when you use reasoning skills rather than emotions.

(5 x 1) (5)

QUESTION 7

Read the following case study and answer the questions that follow:

Different learning styles

This model of learning styles was developed by Neil Fleming, who is a professor and educationalist theorist currently living in New Zealand. It focuses on four learning styles, namely, visual learners, aural learners reading and writing(logic) learners and kinaesthetic learners. It is important to note that just about everyone is able to make use of all four of the different learning styles. Chances are good that all of the learners will be able to perceive and process information through sight(visual), sound(auditory) reading and writing (logical) and movement (kinaesthetic).

Each of us has a dominant learning style, which we prefer to use when we learn. This is the way that we unconsciously approach and interpret world.

Adapted from: *Spot On, Life Orientation Teacher guide page 102*

- 7.1 In your own words, outline what logic learners are. (2)
- 7.2 Distinguish the characteristics between visual and kinaesthetic learning styles. (4)
- 7.3 Mpho is in grade 8 and likes talking and listening a lot; pictures, graphs and diagrams bore him. He also does not like doing experiments and practical tasks. He is not performing well in most of his subjects. Help him identify the relevant learning style that he can use to help him remember and improve his performance. (2)
- 7.4 Do you think someone can make use of more than one learning style? Substantiate your answer. (2)

[10]**QUESTION 8**

Read the following case study and answer the questions that follow:

Substance abuse

Case study: Dylan's story

Dylan started sniffing petrol when he was in grade 8. He found pleasure in getting high. As he grew older, he moved onto harder drugs. He hated himself and used drugs to try and feel better about himself. He only just managed to keep his job and marriage, but it was always a struggle. His wife and friends eventually had enough when he used drugs in front of his three-year-old son. They could no longer tolerate his lifestyle and behaviour. When Dylan realized they were serious he agreed to a rehabilitation centre and has not used drugs since. He now attends weekly meetings at Narcotics Anonymous to help him stay drug free. He says staying clean is a daily struggle. His message to young people is 'Don't even experiment – you will be addicted and dependent before you know it. It happened to me. Everyone thinks they can manage the drugs. But the drugs manage you and often kill you. I have lost so many friends to drugs. Just don't go there. You will lose'

Adapted from: *Today, Life Orientation Learner Book page 65*

- 8.1 Imagine someone at school is trying to convince you to smoke a cigarette with them. Debate an appropriate refusal response for this situation (2)
- 8.2 Advise your friend who is a drug addict on the negative effect of drugs and alcohol in his / her education. (3)

[5]**TOTAL SECTION B: 25**

SECTION C**QUESTION 9**

Study PICTURE 1 and answer the following questions.



There are four stages to becoming dependent on drugs:

- Experimentation.
- Occasional user.
- Regular user.
- Dependency.

[From: *Top Class life Orientation Grade 8*, page 77]

[From: *Via Africa Life orientation Grade 8 Learner's Book*, page 103]

9.1 Compose an awareness speech on substance abuse. Your speech should have FOUR paragraphs. Follow the guidelines given below.

9.1.1 Introduction: What is substance abuse? (1)

9.1.2 Paragraph 1: Analyze two consequences of substance abuse. (2)

9.1.3 Paragraph 2 and 3: Debate the two consequences described in paragraph 1. (5)

9.1.4 Conclusion: Recommend rehabilitation options, where people who are affected by substance abuse can find help, care, and support. (2)

[10]

Question 10

Read a short case study and answer the following questions.

Mpho is often teased by his grade 8 friends at school. As a 14-year-old boy he hardly shows any physical changes. He still speaks with a squeaky voice and has no facial hair. His friends call him names and tease him because of his boyish looks. He is beginning to hate going to school.

[From: *Via Africa Life Orientation Grade 8*, page 30]

10.1 Imagine you are Mpho's friend. Recommend solutions to Mpho's problem using the problem-solving skills, you learned in the Life Orientation class? (7)

10.2 Briefly outline how media can impact on sexuality? (2)

10.3 Give one family and community norms that impact on sexuality. (1)

[10]

QUESTION 11

11.1 Imagine you are a parent who is concerned about children welfare. Write a newspaper article where you advise youth about understanding one's sexuality. Your article should follow the guidelines given below.

- 11.1.1 What is sexuality? (1)
 - 11.1.2 Briefly outline how friends and peers can influence one's sexuality? (2)
 - 11.1.3 Advise youth about understanding one's sexuality. (7)
- [10]**

TOTAL SECTION C: 20
GRAND TOTAL : 70