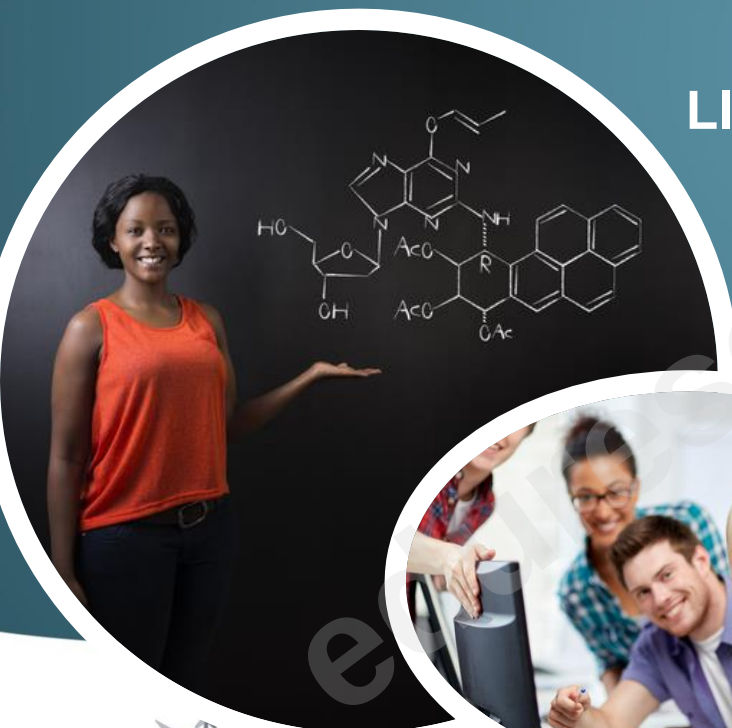




QUICK WIN STRATEGIES

LIFE ORIENTATION 2019



GAUTENG
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA



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FRAUD and CORRUPTION

Definitions:

- a. FRAUD
- b. CORRUPTION
- c. EMBEZZLEMENT
- d. BRIBERY
- e. NEPOTISM
- f. CRONYISM

Strategies to combat FRAUD AND CORRUPTION:

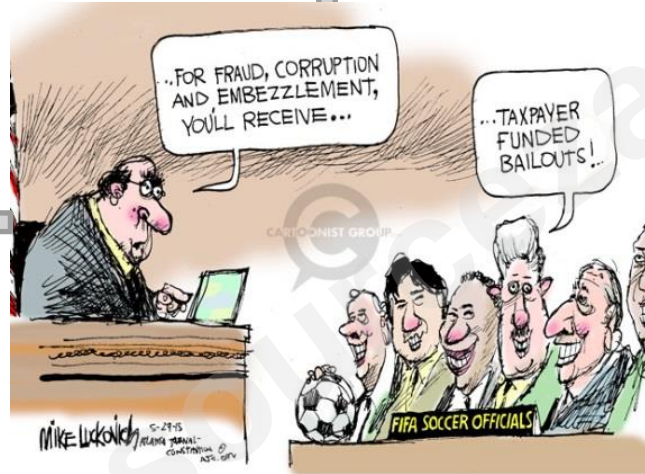
- a. what can you do?

Causes of each

- a.
- b.
- c.
- d.
- e.
- f.

Strategies to combat FRAUD AND CORRUPTION

- b. what can business do?



The LAW:

- a. Which legislation regulates fraud and corruption issues?
- b. Which organisations act as watch dogs against fraud and corruption in SA?

WHERE can you report fraud and corruption?

- a.
- b.
- c.

Impact on SELF/SOCIETY/COUNTRY/ECONOMY:

- a.
- b.
- c.
- d.

WHAT CAN BE DONE TO SOLVE FRAUD AND CORRUPTION:

- a.
- b.
- c.
- d.

- :
- a.
- b.
- c.
- d.



LRA: WHAT IS IT?

LRA: WHAT PROTECTION

LRA: WHICH RIGHTS ?

BCEA: WHAT IS IT?

BCEA: WHAT PROTECTION?

BCEA: WHICH RIGHTS?

EEA; WHAT IS IT?

EEA: WHAT PROTECTION?

EEA: WHICH RIGHTS?

CONTRACT OF EMPLOYMENT

- Study a Contract of Employment and use the Basic Conditions of Employment Act (BCEA) to outline the provisions it makes for each employment condition mentioned below:
 - Normal working hours
 - Overtime
 - Meal intervals
 - Work on a Sunday
 - Working on a public holiday
 - Annual leave
 - Annual sick leave
 - Maternity leave/paternity leave
 - Family responsibility leave
- What purpose does the contract of employment serve? What is the implication of not having a contract of employment when a labour dispute arises?
- What is meant by **breach of contract**? Evaluate the outcomes of a breach of contract.

WARNING Signs Of Unhealthy

Here are the telltale warning signs that you're in an unhealthy relationship:

1. Your personal growth can not flourish in the relationship

Whereas healthy relationships offer safe havens for personal growth, people who feel that their own growth and happiness needs to be sacrificed for the survival of the relationship often find themselves going the wrong way in the tunnel of love.

2. You feel as if the life is being sucked out of you

If you feel like you are in a relationship that is draining your energy and leaves you feeling exhausted and spent, there is rarely a happy ending.

3. They don't "get it" that *it's not all your fault!*

If you are involved with someone who tends to blame you for their anger and problems, and you spend too much energy either defending yourself.

4. The conflict and arguments just keep popping up

Relationships that are defined by conflict, fighting, blaming and a lack of forgiveness spell disaster.

5. One person has most of the power over the two of you

Does your loved one have too much power over you, aside from the power of love? A sure sign of unhealthiness is when someone has more power over you than you have over yourself. Remember—no one has power over you unless you give it to them!

6. The negatives aren't turning positive

Unhealthy relationships are filled with negativity, and bring out the worst in people rather than the best.

Relationships, communication and conflict:

- What are the characteristics of a healthy relationship?
- What are the characteristics of an unhealthy relationship? Use the article.
- “Unhealthy relationships are sometimes characterized by gender-based violence”.
 - What is meant by gender-based violence?
 - Is gender-based violence only limited to men beating women? Provide reasons for your response.
- Why do women not always report gender-based violence?
- Why do men not report gender-based violence?
- “Unhealthy relationships are sometimes characterized by poor communication and conflict”.
 - What is meant by intra and interpersonal conflict?
 - How can you communicate in a manner that will not lead to conflict?
- Advise someone who is in an unhealthy relationship on how to deal with:
 - Gender-based violence
 - Poor communication and conflict

Read the extract below:

Ethics are something that many individuals hold close to their hearts. It makes sense for everyone to want to be treated in a particular manner. The world is changing so quickly that ethics have become less important in large parts of the world. The same can be said about ethics in the workplace.

Ethics in the workplace should never be less important than ethics elsewhere. People that are employed spend most of their time sleeping and at the workplace. The manner in which one is treated in the workplace manifests into the rest of that person's wellbeing. Individuals that are genuinely happy in the workplace are more likely to be happy elsewhere. The same thing can be said of people that are unhappy at their workplaces. This is something that employers should think about before imposing unethical actions on their employees

WORK ETHICS

- a. What is work ethics?
- b. Why is work ethics important?
- c. What are good work ethics?
- d. What can the employer do to promote good work ethics?
- e. What can you do to display good work ethics?
- f. What would you deem as poor work ethics in the workplace?
- h. Why is dishonesty in the workplace unethical?
- i. What actions may an employer take against a dishonest worker?

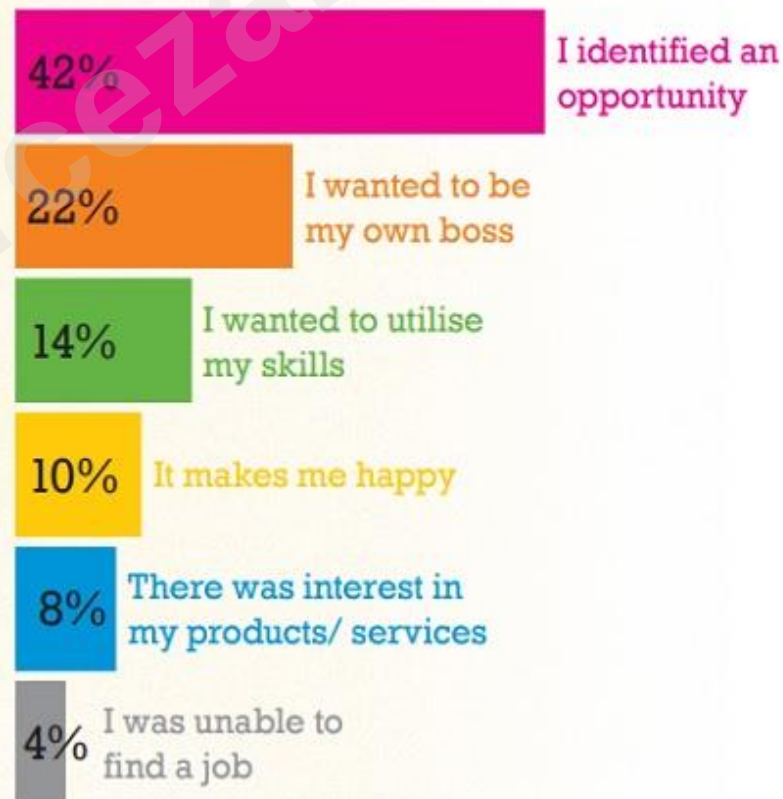
Entrepreneurship

Motivation to start

The top 3 reasons why respondents started their businesses are:

- (1) they identified an opportunity;
- (2) they wanted to be their own boss; and
- 3) they wanted to utilise their skills.

Only 4% of respondents started businesses because they couldn't find a job.



Entrepreneurship

- What is entrepreneurship?
- What are good the characteristics of an entrepreneur?
- According to the research that was conducted, what is the reason for people considering entrepreneurship?
- What are the benefits of entrepreneurship to:
 - The youth
 - The community
 - The country
- Which industries offer niches for young entrepreneurs?
- Which career fields have skills shortages?
- How can entrepreneurship combat unemployment?

Risky behaviours and lifestyle diseases

Life style diseases:

- a. Tuberculosis
- b. HIV/Aids
- c. Cancer
- d. Diseases of the heart
- e. hypertension

- What is it?
- Causes
- symptoms
- Prevention
- Support and care

Life style Diseases	Name of disease (disease types)	Causes	Symptoms	Prevention	Care	Support	Help
STDs/STIs/HIV		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.
Cancer		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.
Hypertension		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.
Diseases of Circulatory system		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.
Diseases of the heart		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.
Tuberculosis		a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.	a. b. c. d. e.

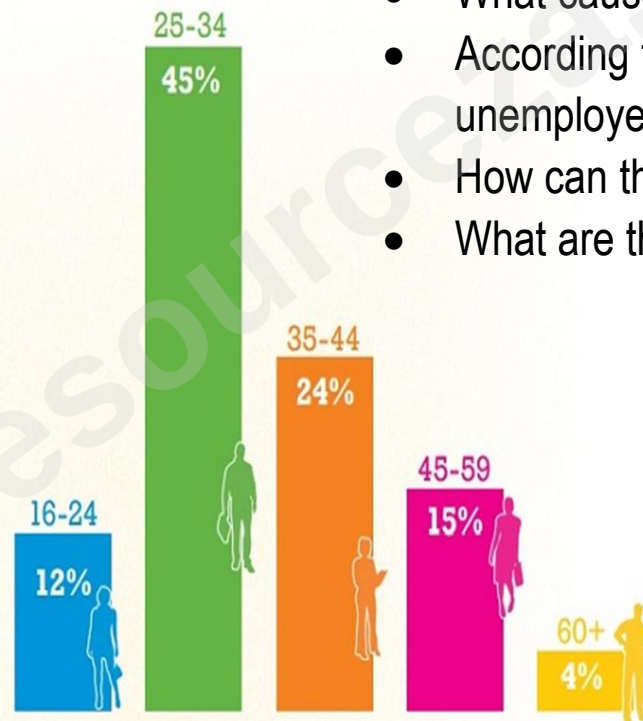
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Unemployment

Age

The majority (57%) of respondents are classified as youth; a positive result given current challenges of youth unemployment in South Africa.



- What is unemployment?
- What causes it?
- According to the graph how many % of the unemployed are part of the youth?
- How can the youth combat unemployment?
- What are the benefits of volunteerism?

The media in a democratic society

- What are the roles of the media in a democratic country?
- What are the limitations to the right to freedom of expression?
- How do editors decide on:
 - issues to publish,
 - space and
 - demographics?
- What is the driving force behind the publishing of certain articles?
- What ethics must publishers adhere to?
- Why are the lives of sports personalities also published?
- What rights are infringed when the lives of personalities are published?

Human rights violations and campaigns

- What is meant by human rights? Human rights violations? Human rights campaign?
- Why is xenophobia viewed as a human rights violation?
- What can you do to prevent human rights violations in your school?
- Why does xenophobia continue in SA despite government interventions to curb it?

Definitions:

- SOCIAL JUSTICE
- ENVIRONMENTAL JUSTICE
- SOCIAL RESPONSIBILITY
- SOCIAL FACTORS
- ECONOMIC FACTORS
- ENVIRONMENTAL FACTORS

VARIOUS SOCIAL AND ENVIRONMENTAL ISSUES

- POTHOLES
- DUMPING
- POOR SERVICE DELIVERY
- LOAD SHEDDING
- DRAUGHT

CAUSES OF ABOVE:

-
-
-
-
-

IMPACT OF ABOVE

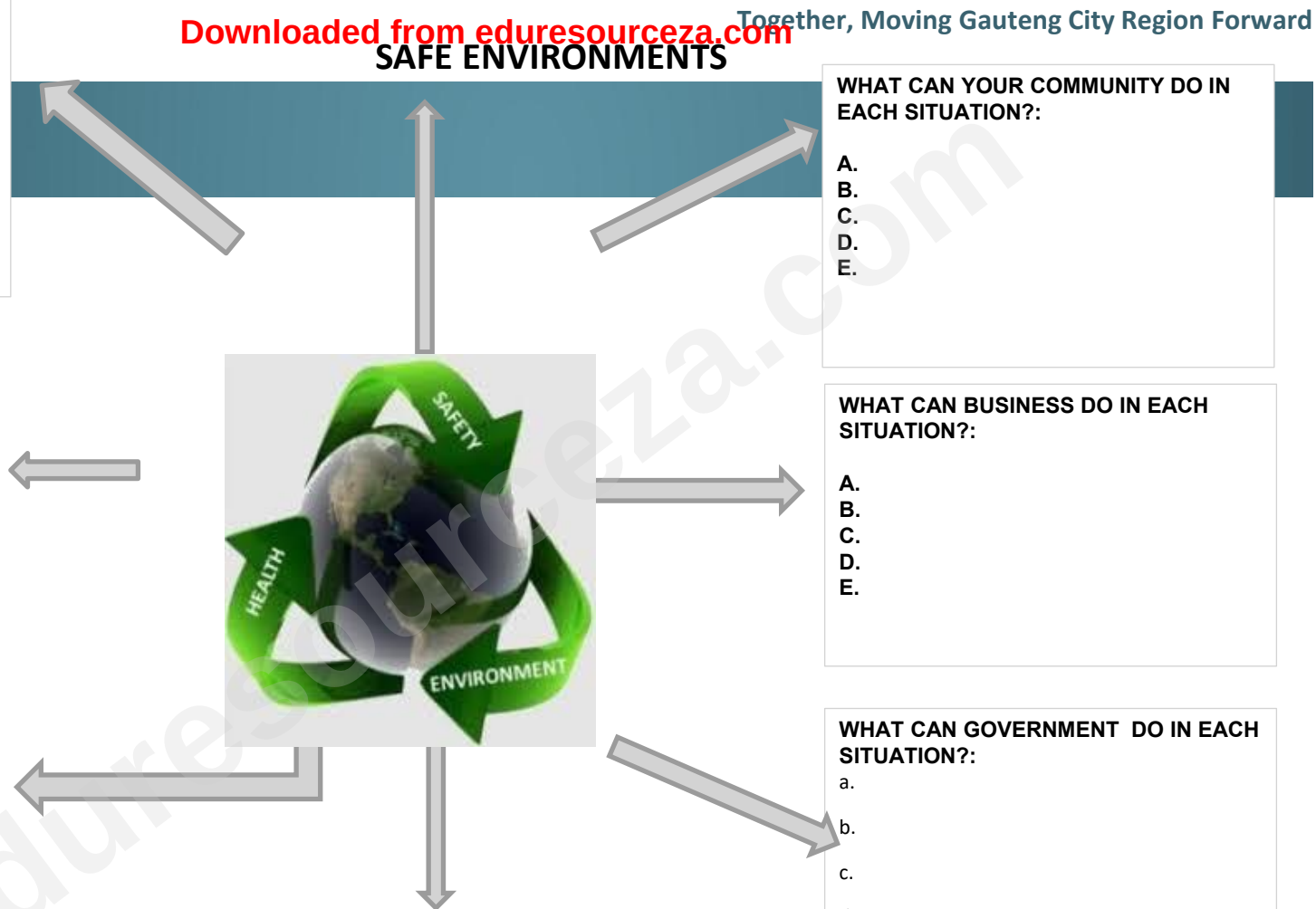
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WHAT is an impact study?

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WHAT is the purpose of an impact study?

-
-
-
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Definitions:

- a. STRESS
- b. STRESSORS
- c. NEGATIVE STRESS
- d. POSITIVE STRESS
- e. DETRIMENTAL RELATIONSHIPS
- f. STRESS MANAGEMENT

DIFFERENT STRESSORS

- a.
- b.
- c.
- d.
- e.

CAUSES OF STRESS:

- a.
- b.
- c.
- d.
- e.

STRESS MANAGEMENT TECHNIQUE

- a.
- b.
- c.
- d.

SYMPTOMS OF STRESS:

- a.
- b.
- c.
- d.

FACTORS THAT CONTRIBUTE TO DETRIMENTAL RELATIONSHIPS:

- A.
- B.
- C.
- D.
- E.
- F.

FACTORS THAT LEAD TO GOOD COMMUNICATION:

- A.
- B.
- C.
- D.
- E.
- F.

WHERE TO GET HELP?

- a.
- b.
- c.
- d.

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STRESS, RELATIONSHIPS AND COMMUNICATION



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TIPS:

- When required to solve a problem always consider:
 - What can you do? What can your community/ school/ government/ government department/media do to solve the problem
 - How will everyone be impacted by the problem?
 - How will everyone be impacted by the solution?
- If a specific individual or department or business is mentioned as the one to solve the problem always remember the following responses:
 - Educational campaigns
 - Awareness campaigns
 - Whistle blowers
 - Legal steps
 - Articles in the media
 - Teaching in school
 - Teaching in the neighbourhood
- Only Q1.2 will require a learner to mention using one word. All other questions require full sentences that give a FACT, REASON and JUSTIFICATION. So all responses MUST have three parts within the same sentence for learners to score full marks.
- Learners must be guided by the mark allocation. If it says TWO sentences or two responses, then a learner should not provide a long paragraph. Only the first two responses will be allocated marks.