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Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

NATIONAL SENIOR CERTIFICATE

GRADE 12

LIFE ORIENTATION
COMMON ASSESSMENT TASK
SEPTEMBER 2024

MARKS: 100

TIME: 2½ hours

This question paper consists of 9 pages.



* L I F O E *



INSTRUCTIONS AND INFORMATION

1. This question paper consists of THREE sections, namely SECTION A, SECTION B and SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.



SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

- 1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 D. _

1.1.1 In a job contract, a probation period could refer to a cycle where ...

- A new workers reserve the right to receive salary increases.
- B employers reserve the right to adjust the role of workers.
- C new workers are permitted to receive full work benefits.
- D employers finalise the skills training of new workers.

1.1.2 A health-related intervention programme refers to a ...

- A set of guidelines assessing healthy living.
- B research process to study health risk factors.
- C strategy to monitor people's health risks.
- D set of activities targeting health risk factors.

1.1.3 Public participation in a democracy is the process where ...

- A decisions are made based on the views of local councillors to influence government actions.
- B citizens provide feedback on decision-making to influence government policies.
- C citizens share views with others on social media platforms regarding government policies.
- D powerful individuals hold meetings to discuss personal opinions on government issues.

1.1.4 Writing a reflection on a project should mainly focus on:

- A A detailed description of the objectives of the topic
- B The advantages of the various peer reviews of the task
- C How the task enhanced your knowledge of the topic
- D A detailed description of your understanding of the task

1.1.5 When a question instructs you to 'illustrate your answer with a case study', you are then expected to ...

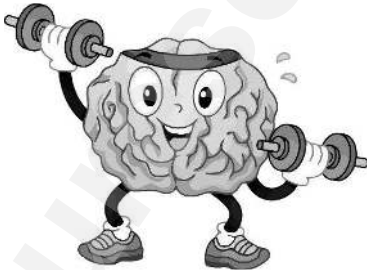
- A refer to specific examples supporting your point.
- B provide a detailed analysis of theoretical concepts.
- C make judgements based on your personal opinion.
- D summarise your findings based on your responses.

(5 x 1) (5)



- 1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.3) in the ANSWER BOOK.
- 1.2.1 The purposeful spreading of misleading information to advance a certain political cause or philosophy (1)
- 1.2.2 A formal organisation of workers that participates in collective bargaining on behalf of its members in the workplace (1)
- 1.2.3 A form of favouritism whereby close friends or associates are given positions of power, regardless of their qualifications (1)
- 1.3 Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.3) in the ANSWER BOOK. Write your answers in full sentences.
- 1.3.1 State TWO possible financial challenges for an upcoming social entrepreneur. (2 x 1) (2)
- 1.3.2 Explain the term *redress* in the workplace. (1 x 2) (2)
- 1.3.3 Discuss the benefit of taking a gap year, when deciding on a final career choice. (1 x 2) (2)
- 1.4 Read the source below and answer the questions that follow. Write your answers in full sentences.

PERSONAL FITNESS AND HEALTH GOALS



Committing to a **consistent work-out routine, lifestyle and nutritional plan** will not only **build your body**, it will also **build your mind**.

[Adapted from www.istockphoto.com. Accessed on 18 July 2024.]

- 1.4.1 Describe ONE social benefit of including recreational activities in a personal lifestyle plan. (1 x 2) (2)
- 1.4.2 Explain how following a consistent exercise routine could contribute to your mental well-being. (1 x 2) (2)
- 1.4.3 Discuss ONE possible advantage of following a balanced nutritional plan on a person's long-term physical health. (1 x 2) (2)

TOTAL SECTION A: 20



SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the extract below and answer the questions that follow.

THE VALUE OF WORK GENERATION Z (GEN Z) AND THE CHANGING WORLD OF WORK Gen Z are individuals born between 1997 and 2012. Most of them are exposed to a world of widespread technology, social media and internet access. They constantly strive for a better work-life balance and healthy relationships. They place value on the human experience, recognising that there is more to life than work. This unique perspective shapes their behaviour and the way they value work, either at school or in the workplace. Gen Z consider transparency and openness more important than experience; they are always hungry for feedback, so much so that 73% are willing to question authority/resign if they do not receive regular feedback. [Adapted from www.merchantcapital.co.za. Accessed on 17 July 2024.]
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- | | | | |
|-----|--|---------|--------------------|
| 2.1 | Define the term <i>value of work</i> . | (1 x 2) | (2) |
| 2.2 | Describe how Gen Z's experience of technology could enhance their problem-solving skills in the workplace. | (1 x 2) | (2) |
| 2.3 | Explain how having internet access could improve one's strategy to complete tasks/projects more effectively. | (1 x 2) | (2) |
| 2.4 | Discuss TWO advantages for young workers who maintain a healthy work-life balance. | (2 x 2) | (4) |
| 2.5 | Assess the value of regular feedback for employees within the work environment. | (2 x 2) | (4) |
| 2.6 | Recommend TWO ways in which you could sustain effective relationships in the workplace. In EACH answer, also indicate how this may enable you to be more productive at work. | (2 x 3) | (6)
[20] |

QUESTION 3

Read the extract below and answer the questions that follow.

STUDY SKILLS
DISHONESTY IN EXAMINATIONS ON THE INCREASE

The penalties for being dishonest during matriculation examinations could include results being invalid and a postponement of the examinations that are to follow. If learners are discovered to have had access to or circulated leaked question papers, they could also face criminal charges.

It is, therefore, very important that learners understand that examination ethics, just like work ethics, means to follow the rules, guidelines and moral principles. These give direction on how assessments are conducted or the manner in which it impacts on your professional life in future. As a learner, failure to adhere to these moral principles could impact admission to higher education institutions.

Over a thousand Grade 12 learners were banned from sitting for examinations after being found guilty of cheating during the 2022 National Senior Certificate (NSC) Examinations. These learners will only be permitted to sit for the NSC examinations after the disciplinary hearings.

Grade 12 learners are obligated to sign an NSC Examination Pledge before the commencement of the final examinations as a formal commitment to upholding the values and rules of this pledge, which may motivate learners to commit to academic integrity.

[Adapted from www.iol.co.za. Accessed on 16 July 2024.]

- 3.1 State TWO actions that you may unintentionally commit in the examination room that may be considered to be dishonest. (2 x 1) (2)
- 3.2 Why do you think some learners may feel pressurised to perform well in the NSC examinations? (1 x 2) (2)
- 3.3 Explain how dishonesty during the NSC examinations could impact on a learner's admission to higher education institutions. (1 x 2) (2)
- 3.4 Discuss TWO ways in which you could revise your own study strategies to ensure that you are well-prepared for the examinations. (2 x 2) (4)
- 3.5 Assess TWO ways in which honouring the NSC Examination Pledge may help you to maintain academic integrity. (2 x 2) (4)
- 3.6 Analyse how having strong work ethics could enhance your professional skills in future. In EACH answer, also indicate how this could contribute to long-term career success. (2 x 3) (6)

[20]

SECTION C

Answer any TWO questions in this section.

Your responses must consist of **paragraphs**. Marks will ONLY be allocated for responses written in full sentences.

QUESTION 4

Read the extract below and answer the questions that follow.

THE ROLE OF THE MEDIA
MEDIA COVERAGE OF SPORT AND SPORTS PERSONALITIES

Coverage of sport and sports personalities varies in the media. Media coverage of sports personalities can lead to their fame and success. It can also draw attention to scandals, resulting in bad publicity, and undue pressure on these individuals; yet these individuals may inspire young people to pursue careers in sport.

[Adapted from www.classace.io. Accessed on 17 July 2024.]

Write paragraphs on ***media coverage of sport***.

Use the following as a guideline:

- Briefly state FOUR roles of the media in promoting sports in South Africa. (4 x 1) (4)
 - Discuss in detail how sports personalities could potentially influence young people to consider a career in sports. (2 x 4) (8)
 - Examine TWO ways in which the media could report more responsibly on alleged (suspected) scandals of sports personalities. (2 x 4) (8)
- [20]**

QUESTION 5

Read the extract below and answer the questions that follow.

**SOCIAL AND ENVIRONMENTAL RESPONSIBILITY
PARTICIPATION IN COMMUNITY SERVICE**

Social and environmental responsibility or community service is the act of being accountable for one's actions and behaviour in a manner that benefits society at large. Through engaging in community service, the youth may also gain valuable employability skills.

South African youth are well aware of their social responsibility towards society and through youth programmes, many young people are now empowered to take the initiative in making positive changes in their communities.

[Adapted from www.hmjournals.com. Accessed on 19 July 2024.]

Write paragraphs on ***social and environmental responsibility***.

Use the following as a guideline:

- Briefly state FOUR ways in which young people could promote safe and healthy living environments. (4 x 1) (4)
 - Discuss in detail how participation in community service could help the youth to improve their employability skills. (2 x 4) (8)
 - Examine TWO ways in which empowered young people could motivate other youth to address social issues within society. (2 x 4) (8)
- [20]**



QUESTION 6

Read the extract below and answer the questions that follow.

LIFESTYLE DISEASES TB: A SILENT KILLER Tuberculosis (TB) is a preventable and curable disease; yet 1,5 million people die from TB each year – making it the world's top infectious killer. Lifestyle factors and stigmatisation¹ play a significant role in the spreading of TB in communities. In order to manage this disease effectively, early treatment is very important. Glossary: ¹stigmatisation: when individuals are unfairly treated and discriminated against due to conditions that are seen as undesirable in society [Adapted from www.who.int/health-topics/tuberculosis. Accessed on 16 July 2024.]

Write paragraphs on ***the prevention and control of lifestyle diseases such as TB.***

Use the following as a guideline:

- Briefly state FOUR lifestyle factors that may increase the risk of a person contracting tuberculosis. (4 x 1) (4)
 - Discuss in detail how early treatment of TB could help individuals who are infected to manage the disease more effectively. (2 x 4) (8)
 - Examine the possible impact of stigmatisation on the effectiveness of treatment for TB infected individuals. (2 x 4) (8)
- [20]**

TOTAL SECTION C: 40
GRAND TOTAL: 100